New Patient Health History Form

In order to provide you the best possible care, please complete this form and bring it to your first appointment. All information is strictly CONFIDENTIAL.

Medical History							
Have you been treated for any conditions in the last ye	ear? O No	O Yes					
If yes, please describe							
Date of last physical exam Is ther	e a chance	that you	are pregnant	ŝ O No C) Yes		
	, where?	,		<u> </u>	,		
What medications are you taking and for what conditions		list dosac	e and amoun	ts. etc)			
			,				
What vitamins, minerals, or herbs do you currently take	? (Please list	for what	conditions, de	osage, and fr	equency).		
Have you ever:	No Yes	Briefly	Explain				
Broken bones?	$\overline{}$	Differry	Explain				
Been hospitalized?	000000						
Been in an auto accident?	XXI						
Had Sprains/Strains?	88						
Been struck unconscious?	ŏŏ∣						
Had surgery?	00						
Family History							
Family Members - Present and past health condit	lions (Exan	nple: he	art disease, o	cancer, diab	etes, arthrit	is, e	etc.)
De veu evnerience nain event day?						$\overline{}$	Na Ova-T
Do you experience pain every day? Do your symptoms interfere with daily life?						=	No O Yes
Does pain wake you up at night?						=	No O Yes
Are your symptoms worse during certain times of	the day?					=	No O Yes
Do changes in weather affect your symptoms?							No O Yes
Do you wear orthotics?						Ŏ	No O Yes
Do you take vitamin supplements?						0	No O Yes
What activities aggravate your symptoms?							
Habits			None	Light	Modera	<u>-</u>	Heavy
Alcohol			O		Modera	<u> </u>	O Ileavy
Coffee			1 8	l 8	l X		
Tobacco			ΙÖ	l Ö	l Ö		l Ö l
Drugs			l Q	l	l Q		
Exercise Sleep			l X	1 X	I Х		$\mid \hspace{0.1cm} \hspace{0.1cm}$
Appetite			ΙÖ	ΙŎ	l Ö		
Soft Drinks			ΙQ	l Q	l Q		l Q l
Water Salty Foods			l X	I Х	I Х		$\mid \hspace{0.1cm} \hspace{0.1cm}$
Sugary Foods			ΙÖ	ΙŎ	l Ö		
Artificial Sweeteners							0

Patient Intake Form

Patient Name	Date			
1. Is today's problem caused by?	dent Workman's Compensation			
2. Indicate on the drawings below where you have	e pain/symptoms			
3. How often do you experience your symptoms?				
Constantly (76-100% of the time)	Occasionally (26-50% of the time)			
Frequently (51-75% of the time)	Intermittently (1-25% of the time)			
4. How would you describe the type of pain?				
Sharp	Numb			
Dull	Tingly			
Diffuse	Sharp with motion			
Achy	Shooting with motion			
Burning	Burning Stabbing with motion			
Shooting	Shooting Electric like with motion			
Stiff	Other			
5. How are your symptoms changing with time?				
Getting Worse	Staying the Same			
6. Using a scale from 0-10 (10 being the worst), ho	ow would you rate your problem?			
0 1 2 3 4 5 6 7 8 9	10 (Please Circle)			

Not at all A little bit Moderately Quite a bit Extremely		
B. How much has the problem interfered with your Social activities? Not at all	7. How much has the problem interfered with your work?	
Not at all A little bit Moderately Quite a bit Extremely 9. Who else have you seen for your problem? Chiropractor Neurologist Primary Care Physician BR Physician Orthopaedist Other Massage Therapist Physical Therapist No one 10. How long have you had this problem? 11. How do you think your problem began? Yes Yes, at times No 13. What aggravates your problem? 44. What concerns you the most about your problem; what does it prevent you from doing? 15. What is your: Height Weight Date of Birth Occupation 16. How would you rate your overall health? Excellent Very Good Good Fair Poor 17. What type of exercise do you do? Excellent Very Good Good Fair 18. Indicate if you have any immediate family members with any of the following; Rheumatoid Arthritis Diabetes Lupus	Not at all A little bit Moderately Quite a bit Extremely	
Chiropractor Neurologist Primary Care Physician Gripping Primary Care Physician Orthopaedist Other No one Nassage Therapist Physical Therapist No one	8. How much has the problem interfered with your Social activities?	
Chiropractor Neurologist Primary Care Physician ER Physician Orthopaedist Other Massage Therapist Physical Therapist No one 10. How long have you had this problem? 11. How do you think your problem began? 12. Do you consider this problem to be severe? Yes Yes, at times No 13. What aggravates your problem? 14. What concerns you the most about your problem; what does it prevent you from doing? 15. What is your: Height Weight Date of Birth Occupation 16. How would you rate your overall health? Excellent Very Good Good Fair Poor 17. What type of exercise do you do? Excellent Very Good Good Fair	Not at all A little bit Moderately Quite a bit Extremely	
ER Physician Orthopaedist Other	9. Who else have you seen for your problem?	
Massage Therapist Physical Therapist No one	Chiropractor Neurologist Primary Care Physician	
10. How long have you had this problem?	ER Physician Orthopaedist Other	
11. How do you think your problem began?	Massage Therapist Physical Therapist No one	
12. Do you consider this problem to be severe? Yes	10. How long have you had this problem?	
12. Do you consider this problem to be severe? Yes		
Yes	11. How do you think your problem began?	
Yes		
13. What aggravates your problem? 14. What concerns you the most about your problem; what does it prevent you from doing? 15. What is your: Height	12. Do you consider this problem to be severe?	
14. What concerns you the most about your problem; what does it prevent you from doing?	Yes Yes, at times No	
Date of Birth Date of Birt	13. What aggravates your problem?	
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18. Indicate if you have any immediate family members with any of the following; Rheumatoid Arthritis Diabetes Lupus	17. What type of exercise do you do?	
Rheumatoid Arthritis Diabetes Lupus	Excellent Very Good Good Fair	
	18. Indicate if you have any immediate family members with any of the following;	
	Rheumatoid Arthritis Diabetes Lupus	
Heart Problems Cancer ALS	Heart Problems Cancer ALS	

	tion in the past. If you prese		ow, place a check in the "past" o ave a condition listed below, pla		
Past	Present				
	Headaches		High Blood Pressure		Diabetes
	Neck Pain		Heart Attack		Excessive thirst
	Upper Back Pain		Chest Pains		Frequent Urination
	Mid Back Pain		Stroke		Smoking/Tobacco Use
	Low Back Pain		Angina		Drug/Alcohol Dependence
	Shoulder Pain		Kidney Stones		Allergtes
	Elbow/ Upper Arm Pa	in	Kidney Disorders		Systemic Lupus
	Wrist Pain		Bladder Infection		Epllepsy
	Hand Pain		Painful Urination		Dermatits/Eczema/Rash
	Hip Pain		Loss of Bladder Control		Hiv/Aids
	Upper Leg Pain		Prostate Problems	For F	emales Only
	Knee Pain		Abnormal Weight Gain/Lo	ss	Birth Control Pills
	Ankle/Foot Pain		Loss of Appetite		Hormonal Replacement
	Jaw Pain		Abdominal Pain		Pregnancy
	Join Pain / Stiffness		Ulcer		
	Arthritis		Hepatitis		
	Rheumatoid Arthritis		Liver/Gall Bladder Disorde	er	
	Cancer		General Fatigue		
	Tumour		Muscular Incoordination		
	Asthma		Visual Disturbances		
	Chronic Sinusitis		Dizziness		
	Other				
20. Lis	st all prescription medicatio	ns you	are currently taking:		

21. List all of the over-the-counter medications you are currently taking:
22. List all surgical procedures you have had:
23. What activities do you do at work?
Sit Most of the day Half of the day A little of the day
Stand Most of the day Half of the day A little of the day
Computer Work Most of the day Half of the day A little of the day
On the phone Most of the day Half of the day A little of the day
24. What activities do you do outside of work?
25. Have you ever been hospitalized? NO Yes
If yes, why
26. Have you had significant past trauma? NO Yes
27. Anything else pertinent to your visit today?
Patient Signature Date